

## Why Your Provider May Recommend a FibroScan® Liver Test

If you have findings or have lab results that may indicate liver disease, your gastroenterologist may recommend a FibroScan test. A FibroScan (also known as a transient elastography test) can show whether there is damage to the liver.

In the past, a liver biopsy may have been the only way to gather this information. This quick, in-office scan takes only about 20 minutes to complete and gives your gastroenterologist images showing any scarred areas of your liver that may be cause for concern.

### How it Works

A FibroScan is non-invasive, taking scans from outside the body, much like an ultrasound. You will feel a slight thump on your skin as the technician takes 10-15 measurements of your liver from the right side of your abdomen around the ribcage.

The scan is evaluating for any scarring or fibrosis in the liver that may have developed over time, depending on your history and medical conditions.

Your provider will interpret the test results, provide a diagnosis, and determine how to stop further damage and improve your liver and overall health.



### Why a FibroScan Test is Important

Your liver acts as a filter for your body, eliminating toxic chemicals, metabolizing medications, cholesterol, vitamins and minerals. It also is a factory for the production of necessary proteins and clotting factors. If you have developed significant liver damage over time, such as cirrhosis, all of these processes can be affected and lead to more serious issues. Treatment can be initiated before this occurs.

Please follow the instructions below to prepare for the test, and feel free to contact our office if you have questions.

### To Prepare for Your FibroScan Test

- **IMPORTANT:** You must have an empty stomach for your FibroScan test. **Do not eat or drink anything for at least 3 hours prior to your appointment.**(No gum or mints)
- Wear comfortable clothing that provides access to the right side of your torso.
- Tell us if you are, or might be, pregnant. Tell us if you have a pacemaker, defibrillator, pump or other implantable device.

Contact us at:  
801-619-9000



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